FORWARD BY CHIEF DUSTIN OLSON

Law enforcement professionals nationwide are increasingly recognizing the value of forming effective partnerships in the communities in which they serve. Much of our own success here at the University of California Santa Barbara Police Department is derived from developing and sustaining close ties with students, faculty, staff, and campus visitors. Community policing approaches to campus safety are successful in large part because community members and police officers are willing and able to collaborate, thereby developing strategies to address complex issues of safety and quality of life. Like past editions, this Gaucho Guardian intends to highlight some of the ongoing partnerships my department maintains in order to be more effective in combating crime, reducing the fear of crime, and improving quality of life here in our community. I would like to challenge each of you to think about ways that we can work together toward these common goals. Until next time, be safe and take care.

As always, feel free to provide me with any comments, suggestions, or questions by contacting me directly at dustin.olson@police.ucsb.edu

Best Regards,
Dustin Olson
Chief of Police

Welcome to Winter, 2010 at UCSB! Hopefully you have settled into a new academic year—full of new, exciting activities, old friends and new ones! While you are in school, we hope each one of you takes the time to learn and grow, academically, personally, and professional. Sometimes however, stress can get in the way of achieving.

Whether this is your 1st year or 21st year at UCSB, even your best coping skills can sometimes be strained. There are significant pressures to be successful at this prestigious institution. The demands of work and school can take an emotional as well as physical toll. Relationships can also suffer. When stress is not addressed skillfully, things can quickly spiral out of control resulting in all sorts of personal and professional problems.

The Department of Public Safety is committed to being an active part of the the university’s overall mission, through prevention and early intervention efforts, in addition to standard law enforcement responsibilities. Counseling Services and other campus resources specifically exist to assist our community at every level. Together, we work to create a safer and more productive environment. We want to help ensure your success as a student, faculty, or staff member by providing you with some information that may be helpful to you.

GET HELP p.2
Are you concerned about how you are coping with the demands of life at UCSB? Have you noticed a change in your own or another’s behavior? Some signs of change include:

- Missing meetings, appointments, or excessive class absence.
- Seeming unusually sad or nervous for prolonged periods of time.
- Sleeping and/or Eating – More and/or Less.
- Looking disheveled.
- Having thoughts/making comments about hurting self (e.g., suicide, cutting).
- Having thoughts/making comments of hurting others (e.g., homicide, assault).
- Giving up interests, activities, and/or becoming socially isolated.
- Excessive and inappropriate expressions of anger.
- Becoming increasingly paranoid.
- Repeated reckless and dangerous use of alcohol or other drugs.

What are the consequences? Violations of faculty, staff, and student codes of conduct can result in sanctions and long-term consequences for your career and personal goals. Legal problems can arise from such violations as well! Take for example the serious consequences for drinking in public, or becoming too intoxicated to care for yourself. The immediate consequences include misdemeanor charges and even jail time. There may also be long-term consequences. A misdemeanor on your record could disqualify you from a job or cause you to be otherwise screened out.

So what can you do, where can you go before things get too bad?

What if you are having problems in school? If your problem stems from a bad grade, or workload consult a professor or teaching assistant for strategies. Consider getting extra help from Campus Learning Assistance Services (CLAS) or the Educational Opportunities Program (EOP). Alternatively, the Disabled Students Program (DSP) has a wealth of resources to help struggling students.

What about problems at work? The Academic and Staff Assistance Program (ASAP) and the Office of the Ombuds can assist you in all work related disputes.

What about personal and emotional problems? Students are encouraged to contact Counseling Services, while employees may consult ASAP.

How can counseling Services help me? I’m not crazy! You do not have to be “crazy” or “mentally ill” to benefit from talking to a mental health professional about your concerns! Our psychologists and other clinicians can assist you in developing your skills to manage a wide range of pressures, have healthier relationships, and be academically successful. Whether you or someone you know is in crisis, or you just want a regular appointment with a therapist, please feel free to call Counseling Services anytime, day or night, at our 24-hour hotline – 805-893-4411. Counseling services are available free of charge for both undergraduates and graduate students.

Crisis services can be accessed by walking into the Counseling and Career Services Building between 8:30AM - 4:00PM, Monday through Friday.
What immediate services are offered by Academic and Staff Assistance Programs? ASAP offers counseling and referral assistance for the following concerns: stress, relaxation techniques, marriage and family problems, health, alcohol or substance abuse, eating disorders, financial worries, interpersonal conflict, communication, and so on. ASAP provides workshops, coaching, debriefings for critical incidents, departmental retreats, and career self-management. For more assistance or information call ASAP at 893-3318, Monday through Friday, 8:00AM - 12:00PM and 1:00PM - 5:00PM. ASAP can also be found online at http://hr.ucsb.edu/asap/

What should you do if you have concerns about someone else on campus? UCSB has a Distressed Student Protocol to help! Please refer to the following website for more details http://www.sa.ucsb.edu/distressedstudentsguide/

If you are ever in doubt, ask for help. We look forward to helping you before you are forced to get help. May your year be filled with scholarship, productivity, and good health!

THE DEPARTMENT OF PUBLIC SAFETY’S ACTIVE SHOOTER TRAINING

Two police cruisers screech to a halt in the parking lot of a UCSB building. The car doors open quickly and officers, clad in full body armor, exit the vehicles. From across the parking lot we can hear a cacophony of radio chatter. As soon as the officers have formed a cohesive group, they sprint towards the front door of the building.

As soon as the officers open the door, they have but moments to collect their thoughts and appraise the maelstrom—actors playing victims call out, some scream, and in the back of the building we can hear loud pops of simulated gunfire. “I’ve got gunfire to the rear,” one of the officers yells, “Move, move, MOVE!” The officers quicken their pace, making their way into the twisting recesses of the building, actors fling themselves at officers, screaming, waving hands wildly. “Get down, get down on the ground, show me your hands,” Officers boom at a suspect who races around a corner; no shots are fired as the police are quickly able to identify friend from foe. The officers pause, stacking up beside a door, another gunshot inside the room rings out. Inside the room is at least one active shooter, the officers charge through the door. There’s more yelling inside, and gunshots. By the time we get into the room, it’s full of smoke and the officers are busy handcuffing two individuals.

This was just one of the scenarios at the Active Shooter Training put on by the Department of Public Safety in early September. This training consisted of hours of classroom presentation and culminated in several scenarios, like the one above. County law enforcement personnel from several agencies participated in this carefully orchestrated event on campus.

We know that our faculty and staff members have concerns about this kind of situation. “This kind of training simulates real calamity, and the confusion that goes along with this, to make it even more realistic we use simulated guns that shoot paint rounds. That way everyone has a little incentive to get it right” says Sergeant Rob.

Lose Something?

Campus Lost and Found is now located at 1131 North Hall.

Hours:
Monday — 1:00 PM to 4:00 PM
Tuesday — Closed
Wednesday — 9:00AM to 12:00 PM
Thursday — Closed
Friday — 1:00PM to 4:00 PM
Saturday & Sunday — Closed

If you have lost an item, you may report it through the UCSB police Department website or browse a list of recently found items: www.police.ucsb.edu. Alternatively, Campus Lost and Found can be reached by telephone at 893-3843.
TRAINING (CONTINUED FROM P. 3)

TRAINING p.4
Romero, with the UCSB Department of Public Safety. A burly Sergeant with the California Highway Patrol adds, “Those paint rounds from the pistols really hurt,” his voice becomes a high pitched falsetto, “and the [rounds from the] rifles, REALLY hurt.” Furthermore, not all of the officers were familiar with the location, which forced officers from different agencies to work together to resolve the simulated conflict and heightened realism. Speaking about the effects of police presence, one of the actors who played an active shooter notes, “It’s really intimidating… I froze.” The officers themselves were enthusiastic about the training, a Sheriff’s Deputy who participated in the event notes, “This kind of training is simply outstanding and it was great that the campus community facilitated it.” Thanks again to the men, women and campus departments that participated in this training. It is our objective to ensure that all departments and agencies are prepared for these types of crises.

WATER SAFETY
UCSB is one of the few universities in the country with its own beach. The campus is bordered on three sides by the Pacific Ocean and has miles of coastline as well as its own lagoon. Many students, faculty and staff members take advantage of this proximity by surfing, swimming, or just enjoying the warm sun on the sand. If you’re going out into the water, here are some safety tips:

- Always survey the conditions before you go out. Take note of any visible currents, rocks, and other hazards—crowded conditions included! If you are just starting to surf or body board, always be mindful of others.
- The buddy system saves lives!
- If you are new to water sports, choose a beach for your skill level. There is usually room at Campus Point for all skill levels.
- Listen to your body! If you are tired, take a break. Also remember that your body expends a lot of energy just to keep itself warm in the cold ocean.
- Stay well hydrated.
- Wear sunscreen. One in five Americans will develop skin cancer in their lifetime, don’t become a statistic!
- Be mindful of the current, if you are in the water set up some quick visual markers. If you drift outside of these boundaries, reposition yourself.
- When talking about water safety, somebody inevitably ask about sharks. It’s important to know that shark attacks are incredibly rare. In 2003, there were only 55 unprovoked shark attacks on humans globally. That being said, the majority of attacks happen during hours of very low visibility (sunrise or sunset). Sharks also normally mistake a wetsuit clad swimmer for a seal. Therefore, if you see a group of seals in the water consider taking a break.

Take advantage of UCSB’s closeness to the water! Weather you’re taking a stroll on the beach, or surfing always remember to make safety a priority; and to learn about other safety issues in our community consult our series of brochures!
GET TO KNOW UCSB’S POLICE OFFICERS:

MATT STERN

Officer Matt Stern gives off a pensive sigh, “I know it’s a cheese-ball answer, but I became a cop because I really felt I was part of something bigger than myself.” He pauses and smiles, “I swore in over five years ago, previous to that I was a CSO for four years, and a Police Explorer for five years with Monrovia PD… really the best of both worlds, I get to be a cop, serving my community, and I get to be a reservist, serving my country.” Matt currently holds the rank of Captain in the Army Reserve and when I ask about his other hobbies he laughs, “What? Are you kidding me? I don’t have time for hobbies, I guess I like to workout a lot, I’m a big advocate for crossfit.”

Officer Stern recently drew on his experience from the 222nd to spearhead the production of a YouTube video with the help of some CSOs. “As a Department, a lot of ink gets spilled over bike theft—it’s a really serious issue. I wanted to reach a younger generation with an interactive video that got the community involved.” The video, entitled “UCSB How to Steal a Bike” can be watched on YouTube.

As for his goals with the department, Matt feels very passionately about bike patrols. “I want to see more officers on bikes, helping to educate people. This is a great way to bring officers in positive contact with students and staff.”

Congratulations to Public Safety Dispatcher Chris Veres! Chris is an accomplished martial artist who has been training in Brazilian Jiu-Jitsu at Gracie Barra Santa Barbara for over a year. He was recently awarded a blue belt by Professor Rodrigo Clark. Chris has a background in wrestling and Tae Kwon Do and started working for the Department as a CSO.

Public Notary Service

The Department of Public Safety now offers notary services out of the Community Relations Office in Building 300. Call (805)893-5076 to make an appointment.
On October 3, 2010 top law enforcement officials addressed key technology issues at a national conference co-hosted by the National Law Enforcement and Corrections Technology Center (NLECTC) and Small, Rural, Tribal, and Border Regional Center (SRTB-RC). This forum brings officials together, giving each a platform to share a presentation on low-cost, high-smarts technology and planning solutions for common small-agency issues.

Sergeant Matt Bowman of the UCSB Department of Public Safety was in attendance and presented on the implementation of the GPS bait bike program. Speaking on the program’s merits Matt said, “The big benefit to the community is not the people we arrest as a result of using the bait bike, but that criminals have no way of knowing which bike is ours. This will make them think twice before stealing a bike! We thought we were the first to have thought of this idea but since working on it, I am now aware of three other campuses in the U.S. that are doing the same thing. This is a low cost piece of technology that greatly improves our ability to not only solve crime but to prevent it as well.”

“This is a fantastic Institute, but I just wish I had heard about it 5 or 7 years ago,” said Chris Wagoner, commander of the Santa Fe College Police Department in Gainesville, FL and one of the 31 law enforcement chiefs and officials who attended. Scott Barker, the executive director of SRTB noted that the Institutes “most potent advertising is the testimonials of chiefs and officials here at these [conferences], who almost always come away… with information on getting the equipment they need, saving funding, or finding funding to accomplish key services.”

An example of such saving and the collaborative efforts came from the Spring 2010 Institute, where the Marysville (CA) Police Department donated 100 ballistic vests to a police department in Oklahoma. Sgt. John Osbourn of the Marysville Police Department heard Chief Tom Linn of the Blanchard (OK) Police Department remark in his presentation that 30% of Oklahoma peace officers perform their duties without body armor because of financial constraints. Osbourn went on to facilitate the donation of surplus ballistic vests to Linn and the Blanchard Police Department.

Jeff Wilson, chief of the Orofino (ID) Police Department notes that “by bringing together these people who are experiencing or going through issues, they … [formulate] great solutions to a lot of the problems… so that all of us don’t have to encounter the same problems and try to seek different solutions.” Wilson concludes, “lots of times a solution is good for many of us, and that’s the greatest benefit.”

The UCSB Department of Public Safety embraces community policing. It is our mission to work in partnership with the University and surrounding communities to create safer and more informed environments. An important aspect of this relationship is interaction and feedback among police officers, students, faculty and staff. Do you have a question about law enforcement? Would you like to see something covered in the next issue of the Gaucho Guardian? Email the editor at evan.raleigh@police.ucsb.edu. We value and rely on your feedback!